

# GERONTOLOGY (GRN)

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## **GRN-165** Life Enrichment With Older Adults

3 credits, Not Offered Every Term

Course focuses on creating meaningful activities for older adults in various settings, including long-term care and residential facilities. Focuses on creating person-centered programs that provide enriching activities for adults of all levels of cognitive ability. Includes federal guidelines for activities, as well as documentation. Course fulfills requirements for basic certification in the State of Oregon for Activity Professionals.

## **GRN-179** Careers in Gerontology

1 credits, Spring

This course provides students an introduction to the multidisciplinary field of gerontology. Focus will be on the varied areas students can utilize a gerontology education including healthcare, housing, fitness, community development, and advocacy.

## **GRN-181** Issues in Aging

3 credits, Fall

Provides an introduction to gerontology including the history of aging and current issues. Covers: myths, stereotypes, economic and political aspects, demographics and service availability for aging populations.

## **GRN-182** Aging and the Body

3 credits, Winter

Focuses on how aging affects physical health and well-being; impact on body systems, illness, disability, longevity research, wellness and health promotion. For students interested in working with the elderly and those in the field.

## **GRN-183** Death and Dying

3 credits, Spring

Introduces effective interaction with those experiencing death or grief process. Includes: historical and cross cultural perspectives, funeral and death rites, grief across the lifespan, hospice and palliative care, ethical considerations and physician aid in dying.

## **GRN-184** Aging & the Individual

3 credits, Winter

This course explores the impact of aging on the individual as well as family members, caregivers, and professionals. Topics include: dementia, cognitive issues, stress, coping, life transitions, and intelligence. Course will also discuss the concept of successful aging from cross-cultural perspectives.

## **GRN-280** Gerontology/CWE

2-6 credits, Not Offered Every Term

Cooperative work experience. Acquaint gerontology students with the roles and related activities of organizations serving the elderly. This course provides an opportunity to apply theories and techniques learned in the classroom. Variable Credit: 2-6 credits. May be repeated for up to 6 credits. Required: Student Petition.

Prerequisite or Corequisite: HS-170

Corequisites: CWE-281

## **GRN-290** Special Topics in Gerontology

1-3 credits, Not Offered Every Term

This course gives students an opportunity to gain knowledge in a specific area relevant to the field of aging. This topic will be pulled from a comprehensive list of areas identified by gerontology and healthcare professionals as having importance for students pursuing work in the field. Variable Credit: 1-3 credits. May be repeated for up to 6 credits.