

# HUMAN SERVICES (HS)

## **HS-100** Introduction to Human Services

3 credits, Fall/Spring

This course provides an overview of the human services field. The course includes the history of human services with a focus on the diverse roots of the field. Students will get an overview of the various careers and educational options available in human services, as well as an opportunity to discuss the student's own abilities and goals.

## **HS-103** Ethics for Human Service Workers

2 credits, Summer/Winter

Explores the professional issues students will face when in a helping relationship. Introduces the professional codes of ethics associated with the helping professions. Addresses solving ethical dilemmas using professional guidelines. Topics include client rights, confidentiality, professional boundaries, legal issues in helping, competence, and cultural diversity.

## **HS-104** Using Diagnostic Criteria in Substance Use Treatment

2 credits, Summer/Winter

This course will present an overview of The American Society of Addiction Medicine (ASAM) Criteria and the Diagnostic and Statistical Manual (DSM) criteria related to addiction and substance use. Students will gain familiarity with the use of the ASAM Criteria to enhance the use of multidimensional assessments to develop patient-centered service plans. Students will also gain knowledge about the use of the DSM Manual to guide diagnosis and treatment of Substance Use Disorders.

## **HS-154** Community Resources

3 credits, Winter

Explores local community social service resources. Focuses on local agencies and programs, including services provided, eligibility criteria, mission, and policies of these agencies. Includes instruction in identifying client needs, various referral processes, and historical, political and social trends.

## **HS-156** Conducting Human Service Interviews

3 credits, Winter/Spring

Provides the specific techniques required for entry-level interviewing in human service settings. Addresses issues raised in working with clients from diverse backgrounds.

## **HS-170** Preparation for Field Experience in Human Services

1 credits, Fall/Spring

This course prepares students to complete fieldwork in Human Services. Covers developing learning objectives and creating successful field placements as well as the specific steps required to complete a Cooperative Work Experience at Clackamas Community College.

Required: Student Petition.

Prerequisites: HS-100 or HS-154

Recommended Prerequisites: At least 30 credits of the Human Services program, including 6 credits from HS-100, HS-103, HS-154, HS-156, and HS-206

## **HS-206** Trauma Informed Practices

3 credits, Fall/Spring

In this course, students will learn how to recognize and respond to the impact of traumatic stress. Students will gain knowledge and skills they can infuse into their practices and act in a way that maximizes physical and psychological safety for clients and themselves. Students will understand how trauma impacts the brain, body, as well as development. Topics such as vicarious trauma, cultural trauma, and secondary trauma will be examined and discussed.

Recommended Prerequisites: CJA-101 or HS-100 or any other 100-level course that discusses human behavior, development, or social interactions

## **HS-210** Motivational Interviewing

3 credits, Summer/Fall

Students taking this course will learn a client-centered approach to working with a variety of populations that are ambivalent towards change or are even mandated to make a change (court-ordered populations). Motivational Interviewing is recognized as a core component of various interventions service providers use, including those in substance abuse/addiction services, mental health, primary healthcare, education, and criminal justice. These skills include interviewing and listening, identifying ambivalence and change talk, strengthening resolve to change, and internal motivation of populations served.

Recommended Prerequisites: HS-156

## **HS-211** Infectious Diseases and Harm Reduction

1 credits, Summer/Winter

This course will explore the relationship between substance use and infectious diseases, and discuss methods for reducing transmission of these diseases. Diseases will include HIV/AIDS, tuberculosis, hepatitis, and sexually transmitted infections. This course will provide students with techniques for assisting clients with assessing risk, practicing harm reduction, and evaluating treatment options.

## **HS-216** Group Counseling Skills

3 credits, Winter/Spring

This course provides students with strategies and skills for group work with a variety of clients. Explores leadership styles and skills, group formation and stages, and the ethics of working with groups. The course will address the knowledge needed to develop, run, and evaluate groups for a variety of human service topics, including substance use treatment. Theories of therapeutic group work will also be discussed.

Prerequisites: HS-156 with a C or better

## **HS-232** Case Management

3 credits, Spring

Introduces case management techniques used by corrections and human services professionals in one-on-one and group contacts with clients. Explores a variety of case management materials, with an emphasis placed upon objective case planning and monitoring.

Prerequisite or Corequisite: HS-156 and HS-210

## **HS-256** Advanced Interviewing Skills With Theory

3 credits, Winter

This course is designed to help human service students further develop and deepen their skills and understanding of interviewing in the human service field. Course will build on skills learned in HS-156, incorporating the use of behavior change theories to guide the helping process.

Prerequisites: HS-156 with a C or better

**HS-270 Human Services Practicum Seminar**

2 credits, Fall/Winter/Spring/Summer

Focuses on field experience for students in a variety of human service settings, paralleling duties regularly assigned to human service workers. The course offers students a chance to discuss issues faced in the field, and apply human services concepts and theories to their work. Students will reflect on program curriculum and how their knowledge influences the work in the field. May be repeated for up to 6 credits. Required: Student Petition.

Corequisites: GRN-280, HS-280, HS-281, or HS-282

**HS-280 Human Services Generalist I: CWE/Practicum**

2-6 credits, Fall/Winter/Spring/Summer

Cooperative work experience. Supervised experience in human services including but not limited to: social service; early childhood care; criminal/juvenile justice; gerontology; and other occupations. May be repeated for up to 12 credits. Required: Student Petition.

Prerequisites: HS-170

Corequisites: HS-270

**HS-281 Human Services Generalist II: CWE/Practicum**

2-6 credits, Fall/Winter/Spring/Summer

Cooperative work experience level II. Supervised experience in human services including but not limited to: social service; early childhood care; criminal/juvenile justice; gerontology; and other related occupations. May be repeated for up to 12 credits. Required: Student Petition.

Prerequisites: HS-170

Corequisites: HS-270

**HS-282 Human Services Generalist III: CWE/Practicum**

2-6 credits, Fall/Winter/Spring/Summer

Cooperative work experience level III. Supervised experience in human services including but not limited to: social service; early childhood care; criminal/juvenile justice; gerontology, and other related occupations. May be repeated for up to 12 credits. Required: Student Petition.

Prerequisites: HS-170.

HS-280 or HS-281

Corequisites: HS-270